



L'Original Packing **Sausage CRETONS**

Prep: 10 minutes

Cooking time: 15 minutes

Ingredients

- 1 lb ground pork or sausage meat **L'Original Packing**
(you can substitute with 1 lb of L'Original Packing ground pork + 1 teaspoon salt)
- 1 cup milk
- 1 cup bread crumbs
- ½ teaspoon cloves
- ½ teaspoon Allspice
- 1 onion, finely chopped
- 1 clove garlic (optional)
- ½ teaspoon pepper
- 1 tablespoon chicken Bovril

Method

1. Combine milk and bread crumbs and then add all other ingredients.
2. Cover and cook 7 ½ minutes in the microwave on high power (100%).
3. Crumble the meat with fork and bring the cooked meat toward the center.
4. Cover and cook again about 7 ½ minutes at the same intensity.
5. Let stand covered for 5 minutes.

Note

For a creamier consistency, you can use the electric mixer.

You can also freeze it.

Bon Appétit!!!!